



Pramukh Cup 2024

'United We Stand'

Saturday 13th July 2024 – Gibbons Recreation Ground, London

Manager and Team Fair Play Instructions

The Pramukh Cup is not only about footballing talent and trying to win the trophy. An important aspect of this tournament is the sportsmanship and acting in an appropriate manner. Listed below is a set of instructions for both managers and players to follow on the day of the tournament to assure that the day is fun for all taking part. Any team that does not comply with these rules will be disqualified from the tournament at the tournament organiser's discretion.

For Players

- Before you enter the pitch for each game, huddle in your team and do the Jaynaad. Please remember to have SAMP with your teammates and the opposition.
- During the game do not get angry at your own players for making mistakes and encourage them to do better and motivate them.
- If a decision does not go your way from the referee do not react, just accept their decision and carry on playing the game.
- At no cost will swearing be allowed or any sort of bad-mouthing opposition or your own players.
- At the end of every game all players must pagh e lag everyone from the opposition team and their same team including both managers.

For Managers

- Make sure all players follow the rules stated above and these rules also apply to managers.
- It is forbidden to have unused players in the tournament on the bench because they're not as talented as the other players in the team. All players deserve a chance to play.
- Be a good role model, simply put: if you behave with sportsmanlike conduct then so will the children.
- Every child should leave the tournament having a fun and enjoyable experience, whether they win or lose.

Game Rules:

- If the ball goes overhead height then it is a freekick to the opposition from the point of where the ball was kicked prior to the overhead occurrence. Overhead from a deflection which can't be controlled will be waved to play on
- If the ball goes off the pitch it will be a kick on for the other team (The team can pass it back on to a pitch, similar to a throw in but using your feet
- If the ball goes off on the by line then a corner will be given
- Players are not allowed in the areas and if a player goes in their own area then it is a penalty to the other team.
 - PLEASE NOTE: The school years 2-3 age groups defenders and attackers are allowed in and out of the area. The goalkeeper is not allowed out of the area though
- No slide tackling is allowed
- After every goal kick off is to be taken from the centre of the pitch

Please ensure all these rules are followed. This year we are being very strict in giving punishments for these rules not being followed.